GRANGER MEDICAL CLINIC

# Capsule Endoscopy Patient Prep Instruction
# CapsoCam Plus

NOTE: If taking an oral iron supplement, please stop this 4 full days prior to the test as well as pain medication.

**Day Before Procedure:**

Breakfast followed by a light lunch, then begin clear liquid diet for the remainder of the day/night before the procedure (nothing red to drink).

- Take (1) one dose 17-gram packet of MiraLAX NeatPAX with full glass of water or Gatorade (non-red) at 9:30pm or bedtime.
- Nothing to drink after 10pm (small sips of water with medications allowed).

**Day of Procedure:**

- Hold medications until 2 hours after ingestion of capsule unless your doctor deems necessary, then take small sips of water with medications.
- Two (2) hours prior to capsule ingestion time scheduled, take (1) one dose 17-gram packet of MiraLAX NeatPAX with full glass of water of Gatorade (non-red).
- Arrive at the office _____ am/pm on _____.
- Resume clear liquids 2-hours after ingesting capsule: _____ am/pm.
- Take (1) one dose 17-gram packet of MiraLAX NeatPAX with full glass of water Gatorade (non-red) four (4) hours after capsule ingestion.
- Enjoy a light lunch when you are ready after you last MiraLAX NeatPAX.
- Please document what you have for lunch _____.

**Important Patient Information:**

- Strictly following the aforementioned instructions, the capsule will typically take 8-48 hours to pass the capsule providing regular bowel movements. If you haven't passed the capsule at 72-hours after capsule ingestion, contact your physician.
- Please adhere to the instructions for capsule and bring capsule back to the office when convenient for both you and the office.
- Visit http://www.capsovision.com/products/capsoretrieve to watch the retrieval video instructions if desired.
- To avoid repeat of this study, please adhere to your retrieval instructions until capsule is retrieved, continue to use the strainer provided until retrieval.

**Returning the Capsule:**

- You will be provided a Pre-Labeled Fed-Ex Clinical Pak in your take home kit, please place the vial with the capsule enclosed into the Fed-Ex Clinical Pak, seal and either call to have Fed-EX pick up or just drop it off at any Fed-Ex drop box of physical Fed-Ex location.

Please call our office if you have any questions at **801.965.3698**