GRANGER MEDICAL CLINIC

Komal Rastogi, MD
Neurology

EEG

(Electroencephalography)

IMPORTANT INFORMATION

An electroencephalography (EEG) measures and records the electrical activity of the brain. Special electrodes are attached to the head and linked to a computer. The computer records the brains electrical activity and will generate a digital record.

EEG has several implications in Neurology. For instance, EEG is a useful tool to diagnose and classify seizure disorders.

INSTRUCTIONS

This procedure will last between 1-1/2 to 2 hours. Please have someone drive you due to lack of sleep and for your safety.

THE NIGHT BEFORE:

You will need to be deprived of at least 2 hours of sleep. This can be achieved by going to bed 2 hours later than usual or waking up 2 hours earlier. Please be awake for at least 3 hours prior to your appointment.

THE DAY OF:

- Make sure your hair is clean and dry with no hair products, such as hair spray or gel
- No caffeine
- Please arrive 15 minutes prior to your appointment and check in at the front desk
- If this is your first time to our office, please bring the following:
    - Your current medication list
    - Your current insurance card(s), government issued photo ID, and form of payment

If you have any questions, please contact our office 801.965.3626