GRANGER MEDICAL CLINIC

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office 801.965.3698

Patient Instructions for Colonoscopy

Your colonoscopy is currently scheduled for _____, at the following location:

Wasatch Endo Center	**Alta View Surgical Center**	**Utah Surgical Center**	**Riverton Hospital**	**Jordan Valley-West**
(St. Mark's Hospital ER Entrance)	9960 S. 1300 E.	3715 W. 4100 S.	3741 W. 12600 S.	3460 S. Pioneer Pkwy
1220 E. 3900 S., Ste. 1B	Sandy, UT 84094	West Valley City, UT 84120	Riverton, UT 84065	West Valley, UT 84120
Salt Lake City, UT 84124	801.924.2978	801.957.0200	801.285.2775	801.964.3650
801.281.3657		**Call facility for time.**		

The facility will contact you the day before to verify your arrival time.
If your colonoscopy is scheduled on a Monday, they will contact you the Friday before.

PRESCRIPTION INCLUDED PRESCRIPTION SENT TO PHARMACY

Please call 801.965.3698 if you need to cancel or reschedule your colonoscopy.
Cancellations *must* be made 5 days in advance in order to avoid being charged a no-show fee.

****PLEASE FOLLOW THESE PREP INSTRUCTIONS COMPLETEY****
It is imperative that you follow these instructions in order to avoid having your procedure rescheduled.

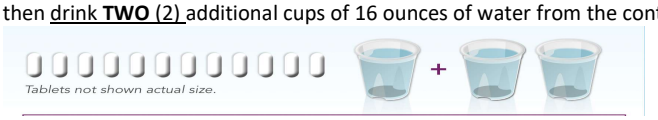
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The day before your procedure:

1. **You must be on a clear liquid diet ALL day.**
   Clear liquids allowed: Anything you can see through. These include water, clear fruit juices (e.g., apple, white grape juice), any flavor bouillon, any color Jello, any soda drinks, straight black coffee (NO creamers). Gatorade, or Powerade. NO SOLID FOODS OR MILK PRODUCTS ALL DAY. Avoid RED-colored liquids.

2. At **5pm**- Open the 1st bottle of 12 tablets. Fill the provided container with 16 ounces of water (up to the fill line). Swallow **ONE** tablet every **1-2** minutes with a sip of water. Take all tablets and the full amount of water within 30 minutes.

3. Wait 1 hour from the last tablet, then drink **TWO** (2) additional cups of 16 ounces of water from the container provided over the next hour.



[IMPORTANT: HYDRATE BEFORE, DURING, AND AFTER TAKING SUTAB]

Take 2 GAS-X tablets the night before your procedure to help the prep work better.

The morning of your procedure:

1. **6 HOURS** before your procedure you **MUST** start the 2nd dose of SUTAB and repeat the previous steps.

2. Open the 2nd bottle of 12 tablets. Fill the provided container with 16 ounces of water (up to the fill line). Swallow **ONE** tablet every **1-2** minutes with a sip of water. Take all tablets and the full amount of water within 30 minutes.

3. Wait 1 hour from the last tablet, then drink **TWO** (2) additional cups of 16 ounces of water from the container provided over the next hour.

4. STOP ALL LIQUIDS **3** HOURS BEFORE YOUR EXAM

IMPORTANT:

If you experience preparation-related symptoms (for example, nausea, bloating, or cramping), pause or slow down drinking the additional water until your symptoms diminish.

You will receive intravenous (IV) sedation and **MUST** have someone **SIGN YOU OUT and DRIVE you home!**

You may stay on your low-dose Aspirin. Please be sure to ask about other blood thinning medications as they may need to be stopped 5 days prior to your procedure.

*****You will be contacted by one of our Patient Benefit Advisors prior to your colonoscopy to review any deductibles and out-of-pocket costs. *****
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