GRANGER
PAIN & SPINE

Hello,

Thank you for choosing Granger Pain & Spine. We look forward to seeing you for your scheduled procedure. Please complete your registration, including the new patient questionnaire as soon as possible. The registration and questionnaire must be completed 1 business day prior to your scheduled procedure.

PREPARING FOR YOUR PROCEDURE
Specific preparation instructions as well as payment required should have been provided at the time of scheduling. If you are unclear, please call the clinic at 801-569-5520 to discuss.

DRIVER REQUIREMENT: For many procedures, you will not be able to drive yourself home and will need to bring a driver. You should have been advised if a driver was required at the time of scheduling. If you elect to have sedation, you will be required to have a driver regardless of procedure type.

MEDICATION INSTRUCTIONS: Certain procedures require that you hold any anticoagulants, NSAIDS, and/or Aspirin medications for a specific number of days. You should have been advised if this is the case for you at the time of scheduling.

SEDATION OPTION: Mild elective sedation is an option with most procedures, should you want to have it. This is a self-pay only option and the fee of $65 is due at time of service. If you do want to have sedation, you cannot have anything to eat for 6 hours prior to the appointment time. You may have clear liquids only. Please be aware that milk and coffee creamer are not considered clear liquids and must be held for 6 hours. You will need to stop clear liquids 2 hours prior to the appointment, having nothing by mouth for the full 2 hours. Additionally, you will not be able to drive yourself home after being sedated. For your safety, strict adherence to these guidelines is required for sedation to be an option.

HYGIENE & CLOTHING: To minimize risk of infection, please shower or bathe the day of your appointment. Wear clean, loose-fitting, comfortable clothing. Please don't wear jewelry or bring other valuables with you
We will call you **2 business days** in advance of your scheduled procedure to review your specific instructions again. If you experience fever or other signs of illness, or are prescribed an antibiotic for an active infection in the days before your scheduled procedure, please call the clinic to discuss as we may need to postpone.
Lastly, please remember to bring your government issued photo ID, all applicable insurance cards, and payment in full on the day of your procedure.

Granger Medical Pain & Spine